Alaska Equipment List  
**Backpacking Expeditions**

Weather in Alaska during the summer ranges from the mid 30's to mid 70's; it can rain, snow, and/or be sunny and warm. It can do all three in a single 24 hour period. We hope for sunny and warm. The mosquitoes can get nasty. In packing clothes, you should plan on layering with enough layers for wet snow and rain.

**Personal Gear:**

- Sleeping bag & pad (20 degree is adequate)
- Tent
- Ground Tarp
- Backpack & Cover
- Sturdy hiking boots
- Sandals for stream crossing
- 1-2 shirts to hike in (long sleeve & quick dry)
- 1-2 quick dry nylon type pants
- 1 thermal top & bottom
- 1-2 underwear or swim trunk shorts
- 1 light jacket or fleece 2-3 qt size
- Good rain gear
- Bug Repellant (20% Deet)**
- Cordage or Straps
- Camera

**Optional Extras:**

- Compact Binoculars
- Hiking Stick (Trekking Pole)
- Personal First Aid Kit
- Reference Books

**Crew Equipment supplied by Alaska Ultimate High Adventure Base:**

- Stoves
- Polar Pur
- Cooking Tarp
- Hand Sanitizer
- Matches & lighters
- Pots/Cook Kit
- Bear Containers
- Fuel
- Food

*You will cook in groups of 4. If you do not want to use Polar Pur, which we provide, then you may bring a water filter. I would suggest only one water filter per group of 4 to cut down on the weight.

**For protection against insects, a headnet and or mesh garment soaked with 100% DEET or Permitheran works well. DEET is a very good solvent, and it will melt any plastic or rubber with which it comes in contact. You really don't need to put it on your skin. Research indicates that bug repellant with 16% to 20% DEET is as effective as higher concentrations. Look for repellant that does not have alcohol in it.