Scouting in your community

Community and service

1. Pick up enough trash in your community to fill a 13 gallon bag.

2. Research the history of your local park, when it was developed, are there any upcoming projects, how would you improve it

3. Ask local Parks and Rec if you can plant trees/ clear invasive species/ do trail repair for a total of 4 hours

4. Volunteer with a local non profit in your community to better your neighborhood

5. Virtually explore a museum.

6. Start and complete 2 merit badges.

Physical fitness and mental health

1. Walk 10 miles/ Bike 15 miles/ Skateboard 5 miles a week

2. Learn yoga and stretch every day for 2 weeks

3. Make a baseline for your physical fitness and a plan for improvement. Implement that plan for the next month.

4. Try meditation and begin a meditation journal. Do this every day for 2 weeks.

5. Memorize a scene from your favorite movie and with help, act it out.

6. Identify a local trail system and explore it with supervision.

First aid and Emergency Preparedness

1. What are the most common injuries experienced during the summer and how would you treat them?
2. Review your family’s emergency plan and update it. Are there items to include for pandemic times?

3. How many ways can your kerchief be used for first aid.

4. Assemble a personal first aid kit for your next scouting adventure.

5. Identify common hazards in your community.

6. Develop a safety plan for your next outing.

Aquatics and Fishing

1. Find your local fishing hole. Catch 2 fish and identify.

2. Canoe or kayak at your local lake.

3. Try paddlebaordining at your local lake.

4. Build a cardboard boat and sail it, under supervision, at your local lake.

5. Contact the Kids don’t float program for ways to assist.

Nature and wildlife

1. Identify 10 plants or trees native to your area.

2. Identify 10 bird species around your home.

3. With your parent’s permission, start a garden and tend to it for a month.

4. Build a birdhouse and monitor it daily for a month.

5. Visit your local wildlife refuge and discuss what you observed.

6. Contact your local wildlife rescue and volunteer to help for a day.

7. Look up your favorite constellation. Where is it located? What is the story behind it’s name? Draw a picture of it.

Scoutcraft and handicraft
1. Build a mini pioneering project in your backyard.

2. Practice your knotwork and challenge a friend to a speedtest or teach the skill to a younger scout using the EDGE method.

3. Paint an outdoor project.

4. Make a sculpture from clay.

5. Using a kit or recycled material, make a basket stool.

6. Come up with a practical use for a knot or a lashed project.

Camping and cooking

1. Camp out in your backyard or at a site with your patrol or family for 4 day/5 nights. Using a camp stove, cook a breakfast, lunch, dinner, and dessert.

2. Plan your next shopping trip using the food pyramid.

3. Using a map and compass, find a one mile route in your neighborhood.

4. Go on a 5 mile backpacking trip with your parents or patrol.

5. Discuss your favorite camp locale and tell a funny story about your camping history.